

## HEALTH HISTORY

What treatment have you received for your condition?  Medications  Surgery  Physical Therapy  
 Chiropractic Services  None  Other \_\_\_\_\_  
 Name and address of other doctor(s) who have treated you for your condition \_\_\_\_\_

**Date of Last:** Physical Exam \_\_\_\_\_ Spinal X-Ray \_\_\_\_\_ Blood Test \_\_\_\_\_  
 Spinal Exam \_\_\_\_\_ Chest X-Ray \_\_\_\_\_ Urine Test \_\_\_\_\_  
 Dental X-Ray \_\_\_\_\_ MRI / CT \_\_\_\_\_ Bone Scan \_\_\_\_\_

**Circle to indicate if you have had any of the following:**

- |                     |                     |                      |                    |
|---------------------|---------------------|----------------------|--------------------|
| AIDS / HIV          | Emphysema           | Miscarriage          | Scarlet Fever      |
| Alcoholism          | Epilepsy            | Mononucleosis        | Stroke             |
| Allergy Shots       | Fractures           | Multiple Sclerosis   | Suicide Attempt    |
| Anemia              | Glaucoma            | Mumps                | Thyroid Problems   |
| Anorexia            | Goiter              | Osteoporosis         | Tonsillitis        |
| Appendicitis        | Gonorrhea           | Pacemaker            | Tuberculosis       |
| Arthritis           | Gout                | Parkinson's Disease  | Tumors, Growths    |
| Asthma              | Heart Disease       | Pinched Nerve        | Typhoid Fever      |
| Bleeding Disorders  | Hepatitis           | Polio                | Vaginal Infections |
| Breast Lump         | Hernia              | Prostate Problem     | Venereal Disease   |
| Bronchitis          | Herniated Disk      | Prosthesis           | Whooping Cough     |
| Bulimia             | Herpes              | Psychiatric Care     | Other _____        |
| Cancer              | High Blood Pressure | Rheumatoid Arthritis | _____              |
| Cataracts           | High Cholesterol    | Rheumatic Fever      | _____              |
| Chemical Dependency | Kidney Disease      |                      |                    |
| Chicken Pox         | Liver Disease       |                      |                    |
| Diabetes            | Measles             |                      |                    |
|                     | Migraine            |                      |                    |
|                     | Headaches           |                      |                    |

**EXERCISE**

- None  
 Moderate  
 Daily  
 Heavy

**WORK ACTIVITY**

- Sitting  
 Standing  
 Light Labor  
 Heavy Labor

**HABITS**

- Smoking  
 Alcohol  
 Coffee / Caffeine Drinks  
 High Stress Labor

**FREQUENCY**

Packs / Day \_\_\_\_\_  
 Drinks / Week \_\_\_\_\_  
 Cups / Day \_\_\_\_\_  
 Reason \_\_\_\_\_

Are you pregnant?  Yes  No Due Date \_\_\_\_\_

**Injuries / Surgeries you have had**

**Description**

**Date**

Falls	_____	_____
Head Injuries	_____	_____
Broken Bones	_____	_____
Dislocations	_____	_____
Surgeries	_____	_____

**MEDICATIONS**

**ALLERGIES**

**VITAMINS / HERBS / MINERALS**

_____	_____	_____
_____	_____	_____
_____	Pharmacy _____	_____